

the **Gateway**

USAFE's Best Small Funded Newspaper for 2003

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News Briefs

Award winners

Congratulations to **Staff Sgt. Claudia Van Hassel**, 469th Air Base Group Clinic and **Carole Beasley**, 469th ABG Family Support Center, who won 435th Air Base Wing quarterly award honors during a pep rally April 19 at Ramstein. Sergeant Van Hassel was chosen NCO of the quarter and Mrs. Beasley the Category II civilian of the quarter. Mrs. Beasley went on to win the Kaiserslautern Military Community quarterly award Wednesday.

Quarterly awards

Congratulations to the 726th Air Mobility Squadron 2004 2nd quarter award winners. Airman Category – **Airman 1st Class Casey Jensen**; NCO Category – **Tech. Sgt. Rebecca Skelhon**; Senior NCO Category – **Master Sgt. Dennis Caskey**; CGO Category – **Capt. Nic Musgrove**; Category I Civilian – **Ulrike Houtz**; Category II Civilian – **Annette McKerrell**.

Clinic service survey

The 469th Air Base Group clinic will host the Joint Commission of Accreditation of Healthcare Organizations May 9-15.

The JCAHO will meet with individuals who have valid information about quality and safety-of-care issues and the safety of the environment in which care is provided. Anyone wishing to meet with the Joint Commission should e-mail an appointment request to complaint@jcaho.org.

For more information contact Maj. Wayne Surratt at the clinic.



Photo by Staff Sgt. Matt Summers

Exercise, exercise

Staff Sgt. Joseph Yamane, 469th Air Base Group Civil Engineer Flight firefighter, puts a neck brace on a simulated victim while exercise evaluation team members, Tech. Sgt. James Cunningham (left) and Master Sgt. Bradly Hogue, look on during a mass casualty exercise April 15. The exercise tested first responders and command and control functions.

School's in session at USAFE University

By **Tech. Sgt. Mona Ferrell**
USAFE News Service

RAMSTEIN AIR BASE, Germany – U.S. Air Forces in Europe members attending formal training and education courses will now do so under a new umbrella program instituted recently within the command.

The charter signing of USAFE University here April 16 is another step in ensuring the educational opportunities and programs offered to members within the command are of the highest quality, said Richard Power, USAFE University senior advisor to the commander.

“The prime directive of USAFE U. is to analytically focus on what we’re doing in the USAFE education and training arena,” Mr. Power said. “The program will generate career development learning experiences available at times and locations that meet Airmen’s needs, enhance fulfillment of the command’s combat program objectives and facilitate accomplishment of USAFE’s mission. It brings to light a vision, which when instituted, will benefit each individual member of USAFE and provide enhancement to our overall mission.”

See **USAFE U.**, Page 5

The skinny on tattoos/body piercing

The Air Force policy on tattoos/brands and body piercing is found in AFI 36-2903, Dress and Personal Appearance of Air Force Personnel.

According to the instruction, the American public draws conclusions on military effectiveness based upon the image Air Force members present — military members must instill public confidence by presenting a professional image.

The policy also furthers uniformity of appearance, esprit de corps, increased morale and the maintenance of good order and discipline on military installations.

Air Force leaders discourage Air Force members from tattooing, branding or piercing their body because of associated health risks and the faddish image they present; however, if members choose to undergo these practices, they must adhere to Air Force standards.

Following are the standards for tattoos, brands and piercings:

The following tattoos/brands are prohibited:

■ “Unauthorized” tattoos, which are:

— Obscene or advocate sexual, racial, ethnic or religious discrimination, or tattoos that are prejudicial to good order and discipline or bring discredit upon the Air Force.

These tattoos are prohibited anywhere on the body, in or out of uniform, regardless of whether they can be covered by uniform items or not.

■ “Inappropriate” tattoos, which are:

— Defined as tattoos above the collarbone (visible when wearing an open-collar uniform) and those that exceed one-fourth of the exposed body part while in uniform.

Commanders will use these guidelines in determining whether a tattoo or brand negatively affects the member’s military image.

Tattoo removal:

— Members with an unauthorized tattoo will have the tattoo removed at the member’s expense (covering the tattoo is not an option).

— Members with an inappropriate tattoo will cover it with the uniform or remove it.

— Depending on the circumstances, commanders may seek Air Force medical support for voluntary removal of inappropriate tattoos in existence before publication of the new policy; tattoos obtained after publication of the policy will not be removed at Air Force expense.

Noncompliance:

— Failure to comply with the new standards on tattoos and body ornaments may result in disciplinary action under the Uniform Code of Military Justice, Article 92, Violation of a Lawful General Regulation, and/or administrative action, including separation for failure to meet Air Force standards.

Commander’s discretion:

— A member’s commander determines whether a tattoo is unauthorized or inappropriate on a case-by-case basis.

— Installation or higher commanders may impose more restrictive standards for tattoos/brands and body ornaments, on or off duty, in those locations where Air Force-wide standards may not be adequate because of cultural sensibilities or mission requirements.

— For example, in a foreign country where tattoos/brands or body ornaments are objectionable to host country citizens or at installations when members are undergoing basic military training, a commander may impose more restrictive rules for military members, even off-duty and off the installation.

Body Piercing

— Members are prohibited from attaching, affixing, or displaying objects, articles, jewelry or ornamentation through the ear, nose, tongue, or other exposed body part (which includes visible through the clothing), when

- Wearing a military uniform
- Performing official duty in civilian attire
- Wearing civilian attire on a military installation

Exceptions:

— Females in uniform, or in civilian clothes while on duty, may wear one pair of small, spherical conservative, diamond, gold, white pearl, silver pierced or clip earring per earlobe; the earring in each earlobe must match and the earrings must fit tightly without extending below the earlobe.

— In civilian clothes, off duty but on a military installation, females may wear conservative earrings within sensible limits.

— By implication, the policy allows males to wear earrings when in civilian clothes, off duty and off the military installation (but not on the military installation).

Commander’s discretion:

— Situations may arise where a commander may restrict the wear of even non-visible body ornaments.

— These situations include any ornamentation that may interfere with the performance of the member’s military duties.

— The factors to consider when making this determination include (but are not limited to): impairing the safe and effective operation of weapons, military equipment or machinery; posing a health or safety hazard to the wearer or others; interfering with the proper wear of special or protective clothing or equipment.

(Courtesy of 469th Air Base Group Legal Office)



Rhein-Main Office

The Rhein-Main USO office is looking for volunteers to help support inbound/outbound troops during the current manning shortage in the office.

The office no longer requires volunteers to stay for four-hour shifts. Volunteers can donate whatever time they have available. The office needs up to four volunteers per shift.

Volunteers are encouraged to sign-up instead of just showing up at the terminal to help the office plan.

For more information, contact the USO at 330-6424.

It's so bazaar

Community Spouses Club biggest fund raiser set for May 14-16

By 2nd Lt. Uriah Orland
Public Affairs

Travel to the far corners of the world without ever leaving Rhein-Main — by visiting Hangar 425 May 14-16.

Polish pottery, wine, antique furniture, olive wood and Turkish carpets are just a few examples of the types of products people will find on sale at the Community Spouses Club Bazaar.

The bazaar is by far the CSC's biggest fund raiser and has always been one of the biggest events at Rhein-Main.

"There will be vendors from the Netherlands, Israel, England, Italy and France, among many others," said Mindi Spencer, bazaar chairperson.

There will be about 75 vendors selling their wares this year.

Along with the vendors a wide variety of food booths will be present, run by different base organizations.

While the bazaar itself is a great opportunity for Rhein-Main members to purchase goods from all over the globe, it serves a greater purpose — collecting money that will go right back into the local community.

"Last years Bazaar raised well over \$50,000, all going back into the community through organizations, such as the family

support center, giving out student scholarships and many other programs that help troops and the community as a whole.

"We would love to see a huge turnout. This is the last bazaar we will have

on Rhein-Main and we would like to end the tradition on a very successful note," said Mrs. Spencer.

The vendors will accept American dollars or Euros, and personal checks. Credit cards will be accepted depending on the vendor. Although personal checks are accepted, there will be no check cashing service by the CSC.

Non I.D. cardholders that are signed on base as guests are welcome to attend.

The CSC still needs many volunteers to assist in setting up, working, and taking down the bazaar.

Anyone interested in volunteering should call Kaelynn Orland.

When & Where

The bazaar, located in Hangar 425, just past the Air Mobility Command passenger terminal on Stringer Road, is open:

- 11 a.m. to 8 p.m. May 14
- 10 a.m. to 7 p.m. May 15
- 11 a.m. to 5 p.m. May 16

Base shows appreciation to volunteers

The Rhein-Main Family Support Center and 469th Air Base Group Services Flight sponsored a free cookout at the youth center and a free showing of "Cheaper by the Dozen," at the base theater Saturday to help celebrate National Volunteer Month.

More than 350 people turned out for the cookout, while 125 took in the free movie.

From April 2003 to March 2004, more than 400 volunteers gave more than 35,000 hours of volunteer time, an equivalent of more than \$850,000 in salaries, at various organizations throughout the Rhein-Main community.

Col. Bradley Denison, 469th ABG commander, also presented three Hidden Heroes awards and made two Presidential Volunteer Service Award presentations.

Hidden Heroes award winners included: **Master Sgt. Chris Hernandez**, 469th ABG Legal Office, **Ralph Purvis** and **Airman 1st Class Elizabeth Speichinger**, 469th ABG Security Forces Flight.



Sergeant Hernandez

Sergeant Hernandez volunteers between 10 and 20 hours each week to a variety of organizations, to include the youth center, USO, family support center, Boy Scouts and the Rhein-Main Top IV.

Mr. Purvis stepped up to coach a basketball team that lost its coach during the first week of the season. He volunteers an average of 5 hours a week at the youth center.

Airman Speichinger volunteers at the Power Hour Room at

the youth center, helping as many as 15 youth each day with their homework. She also helped coach a Pee Wee basketball team and volunteers at the USO.



Airman Speichinger

Sergeant Hernandez' family, including his wife Rayenna, daughter Ayrealle and sons Raustin and Taylour, received the President's Volunteer Service Gold Award for volunteering more than 1,200 hours last year.

The family of Senior Master Sergeant Timothy Bolon, 469th ABG first sergeant, to include his wife Sheri, daughters Emily and Leah and son Seth, received the President's Volunteer Service Silver Award for giving more than 500 hours.



Mr. Purvis

Fire safety

Learn how to burn this summer season

As the sun shines a little longer, the temperatures slowly rise and people begin spending more time outdoors, they need to keep in mind a few fire safety tips.

Everyone has been extremely careful over the last year and for that, your fire department thanks you. Here are a few friendly reminders for the upcoming summer season.

For those in base housing or staying in our contingency lodging, barbecuing is **NOT** permitted on balconies or under the gazebos.

You may grill only in designated areas. These areas meet the 15-foot requirement from structures and trees. You must also ensure you store your barbecue material properly. Proper storage is provided and labeled – keep flammables and combustibles stored separately.

Hopefully this summer is milder than last. If it is not – as you try to beat the heat, remember to keep extension cord and transformer use to a minimum.

Use a surge protector when possible, and do not overload or string together power strips, as this will exceed the safe capacity of the device.

Always unplug transformers and appliances when not in use. This reduces your fire risk while saving a little green on the utility bill.

Last, but certainly not least, if you have an emergency, use the right reporting numbers for your location as listed:

FIRE/EMERGENCY MEDICAL SERVICES NUMBERS:

Gateway Housing Phone: 699-911

All DSN: 911

Cell Phone: 069-699-911

Off Base Emergencies: 112

Fire prevention questions may be directed to the base fire prevention office at 330- 7663.

The Rhein-Main Fire Department wishes you a fire safe 2004.

(Information courtesy of base fire department)

DoD, Rhein-Main set to celebrate Asian/Pacific American heritage

The Department of Defense sets aside each May to observe Asian/Pacific American Heritage Month and celebrate the cultural traditions, ancestry, native languages and unique experiences represented among the more than 30 ethnic groups from Asia and the Pacific found in the United States.

APHA banquet at Rhein-Main

The 4th Annual Asian/Pacific Heritage Association Banquet "Freedom for All, A Nation We Call Our Own," is set for 6 p.m. May 14 at the Esprit Hotel just outside the main gate.

Cost for dinner and entertainment is 20 Euros for Asian/Pacific Heritage Association

Club members and 25 Euros for non-members. Guest speaker is Leslie Baja, First Secretary and Consul, Embassy of the Philippines in Berlin.

See APHA members for tickets. Check the commander's channel for more info.

The Action Line is one way for me to keep my finger on the pulse of the Rhein-Main community and is used as an avenue for communication.

The main objective of the Commander's Action Line is finding solutions to problems or providing explanations for processes.

If you experience problems at Rhein-Main, you should always try to resolve problems at the lowest level by contacting the unit or agency managers. In almost every case, your chain of command is the best solution. I strongly encourage everyone to use that route first. When normal channels haven't been able to resolve your issues, feel free to send an e-mail to Hotline@rheinmain.af.mil or call 330-7779. Please include your name and contact information along with your concern.

Action Lines are forwarded to the appropriate agency for action and response. They should contact you within 24 hours. Once an Action Line is started, the agency must provide a complete answer to me within 10 days.

The 469th Air Base Group Public Affairs Office is responsible for managing the Action Line program on my behalf.

If you have any questions, call the 469th ABG/PA office at 330-7804 or e-mail at Hotline@rheinmain.af.mil.

Col. Bradley Denison
Commander, 469th Air Base Group

330-7779

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the Gateway

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The deadline for the May 14
edition of *the Gateway* is
4 p.m., May 6.

Warriors of the Week



Sgt. Dartanyon Williams

Unit: 64th Replacement Company
Time in service: 8 years
Time at Rhein-Main: 2.5 years
Duty Title: Inprocessing NCO in charge
Hometown: Fort Lauderdale, Fla.
Hobbies: Running, reading and writing
What has been your best Army experience? Competing with fellow soldiers in physical events.



Spc. Leigh Anne Dalluge

Unit: 64th Replacement Company
Time in service: 1 year
Time at Rhein-Main: 7 months
Duty Title: Food service specialist
Hometown: Tulia, Texas
Hobbies: School, reading magazines and exercising
What has been your best Army experience? Graduating from basic training at Fort Jackson, S.C.

USAFE U., from Page 1

The university, conceived and put into motion by Gen. Robert H. "Doc" Foglesong, USAFE commander, will provide an umbrella for more than 600 educational courses and programs available to members within the command. More may be added as the university continues to grow.

"The most fundamental service we provide to our Airmen and to our officers is the opportunity to improve themselves professionally and personally," said General Foglesong. "USAFE University offers the opportunity to pull together the focus and needs of a great number of areas – from civil engineering, medical corps, officer corps to advanced education – and gives us what we need to provide those opportunities which are the foundations of our success."

Just like any other institution of higher learning, the university will be presided by a president (USAFE commander) and board of trustees, said Mr. Power. The appointed trustees will advise the president on issues

CCAF graduation

The 469th Air Base Group Education Services Flight will host a Community College of the Air Force commencement at 2 p.m. Thursday at the Zeppelinhaus.

Graduates include:

- Master Sgt. Marcel Balaoro
- Master Sgt. David Hall
- Master Sgt. Randolph Thompson
- Staff Sgt. Larry Bright
- Staff Sgt. Adam Esposito
- Staff Sgt. Thaddeus Preston
- Staff Sgt. Joseph Roby
- Staff Sgt. Phillip Sisneros
- Staff Sgt. Trey Walker

pertaining to the command's education and training programs.

"The university construct will provide the president and board of trustees an overall assessment on USAFE training and education programs to include: examining the

effectiveness of individual training programs; provide a baseline training program for the instructor or facilitator force and ensure the university resources are being equitably distributed," he said.

And this new construct is something to be excited about, said General Foglesong.

"With USAFE University, we embark upon a thorough review of all that we do in USAFE education and training," he said. "It marks in time the development of a unique entity whose charter, mission, philosophy and vision set it apart from any previous endeavor of this nature."

"Our in-depth analysis and improvement of current programs, along with the creation of new programs, will enhance the professional development of an outstanding core of officer, NCO and civilian leaders," he continued. "Through USAFE University, we seek to ensure that we continue to develop future leaders, managers and supervisors with the knowledge, skills, experiences and abilities necessary to meet both today's and tomorrow's challenges."

Rhein-Main stands up cargo hub

AMC calls on record-setting 726th Air Mobility Squadron to tackle challenging mission

By 2nd Lt. Uriah Orland
Public Affairs

The 726th Air Mobility Squadron resumed a cargo trans-load mission April 19 after more than a year hiatus, handling nearly 2 million pounds in the first week.

Air Mobility Command called upon Rhein-Main to help move a constant inventory of about 500 pallets of sustainment equipment and supplies currently at Charleston Air Base, S.C., to various locations downrange.

"Ramstein Air Base is usually the cargo hub," said Lt. Col. Jim Kirk, 726th AMS director of operations. "Rhein-Main was stood up because with the C-17s here, it is more efficient for cargo to flow through here."

Cargo generates from stateside units and accumulates at Charleston AFB until it is transported downrange. The new mission transports the cargo to Rhein-Main via 747, C-5, KC-10, KC-135 and MD-11 airframes and trans-loads it to C-17 aircraft for transportation downrange. A 747 holds 42 pallets, whereas a C-17 holds 18 pallets. Each pallet can range from 1,000 to 9,000 pounds depending on what type of



Photos by Staff Sgt. Matt Summers

Staff Sgt. Joseph Jones, deployed from RAF Mildenhall (far left) directs Senior Airman Dane Weber, deployed from the Missouri Air National Guard, (center) and Senior Airman Andrew Prowant, deployed from McChord AFB, Wash., as they guide a pallet during the off-load of a 747 Monday.

equipment is packed on them.

Once a flight arrives, the cargo is off-loaded, weighed and inventoried.

Originally, the plan was to receive one wide-body aircraft per day. However, AMC is pushing to move the cargo and Rhein-Main is seeing about three wide-bodies per day, according to Lt. Col. Kirk.

Twenty-five Airmen from RAF Mildenhall and McChord Air Force Base, Wash., deployed in support of the mission.

"It is great to have the extra help," said Captain Wellen. "They have really hit the ground running. With their efforts we can support two wide-bodies simultaneously."

After setting an AMC record for passengers handled in one month, the squadron knew it could handle anything.

"This mission comes on the heels of a record setting month," said Lt. Col. Kirk. "Just when we think we have reached our pinnacle, another challenge comes along."



Lewis McKinley, 726th Air Mobility Squadron, (left) and Airman Prowant spot a 60-K Tunner driver during the off-load of a 747 Monday. A 747 can hold up to 42 pallets, compared to 18 for a C-17. Because Charleston Air Force Base, S.C., maintains a constant inventory of nearly 500 pallets of equipment, Air Mobility Command recently began using several different airframes to move the cargo.

Extreme Summer 2004

Services program includes more than \$150 K in prizes, Olympic athletes to visit base

SEMBACH AIR BASE, Germany – Early enrollment for Extreme Summer '04 kicks off May 10 with an 'Olympics' theme, gold medal-winning athletes, tickets to the Olympic Summer Games in Athens, Greece, and more than \$150,000 in other incredible prizes, plus, thousands of fun events for everyone.

The program officially begins June 1, when points can be earned for participation in positive and fun summer activities. U.S. Air Forces in Europe Services has partnered with *Stars & Stripes*, Children's Speedway Charities, Exchange New Car Sales, Coca-Cola, Walt Disney World Resort, Armed Forces Recreation Center, Hockenheimring and Microsoft X-Box to provide some of the best prizes ever offered in a military promotion.

All active duty military, Department of Defense civilians, and their family members 8 years old and above can participate in Extreme Summer. There will be four competition categories: youth 8-12 years old; teens 13-18 years old; E1-E5 and their spouses; and, a category for E6-E9, all officers, civilians and their spouses.

Grand-prize winners for the youth and teen categories receive an all-expenses-paid, once-in-a-lifetime trip to Walt Disney World Resort, in Florida, where they will visit all four Disney

theme parks including Epcot, Magic Kingdom, Animal Kingdom and Disney/MGM Studios.

Each winner for the monthly, early enrollment and grand prize trip can take up to three family members or friends with them.

Adult grand-prize winners in each category receive round-trip airfare, hotel accommodations, rental cars and VIP tickets to the Atlanta Motor Speedway for the ultimate NASCAR racing fan experience. Winners will visit the pits, meet drivers, and be treated to VIP

seating at one of the hottest races on the NASCAR Nextel circuit.

The early enrollment prize, for participants who sign up in May, is a trip for four to AFRC's

Garmisch, Germany, Resort.

In addition, everyone signing up in the two adult categories in May have a chance to win a set of tickets for two to the 2004 Summer Olympics in Athens, Greece.

Throughout the promotion there will be over 1,000 "instant win" prizes that participants earn just by visiting the Extreme Summer '04 website, www.extremesummer.com, and loading earned points into the system.

Other great prizes can be won during monthly random prize drawings held in June, July and August when 300 points

are earned each month.

At the end of the program, all participants in the top 3 percent of the most points earned will qualify for the grand prize drawing and runner-up prizes.

In addition to offering great prizes and a host of wholesome summer activities, Extreme Summer also offers participants the opportunity to meet and interact with role models who will tour USAFE bases throughout the summer.

In May, Marvel Comics Superhero 'The Amazing Spider-Man,' will tour USAFE bases. In June, bases will host Olympic Gold Medalist Dara Torres and Pittsburgh Steelers wide receiver Hines Ward. NASCAR Nextel driver Ernie Irvan will visit select bases in July and rounding out the role model tours in August will be Olympic Gold Medalist Apollo Ohno.

For more information, check the website or look for the Extreme Summer magazine that will appear in Thursday's edition of *Stars & Stripes* newspaper.

The magazine will feature information on all aspects of the program, how to participate, how to earn points, prize information and more!

Rhein-Main's Extreme Summer headquarters will be at the youth center and Community Connections.

They will provide additional information about the Extreme Summer '04 program. (Courtesy of HQ USAFE Services)



Information Quest offers avenues to info, prizes

Information Quest continues until May 15 and is sponsored through U.S. Air Forces in Europe Libraries' Project Wizard. It's designed to familiarize the USAFE community with the many great on-line databases available for use in the library, in the office, and at home — a true virtual library available for use when and where people need it.

Upon sign-up at the base library, Information Quest contestants will receive a complete list of questions and an answer sheet. All questions must be answered using the USAFE vir-

tual library — and don't worry, contestants will be given plenty of hints. The answer sheets are due back to the library by noon May 15. Library staffs will validate the answers and enter those with at least 10 correct answers in a box for a drawing for books and phone cards.

If contestants answer at least 50 questions correctly, they'll be eligible for a drawing for a flash drive and an MP3 player to be given away at each base library.

(Information courtesy of USAFE News Service)



Closure Corner

This section is devoted to giving the Rhein-Main Community the most up-to-date information concerning base closure issues. All dates presented in this section are subject to change based on: manpower figures, personnel assignment information and ongoing U.S. Air Forces in Europe coordination.

Customs

Q: What customs limitations are there on household goods being shipped to the U.S.?

A: For specific questions of this nature, contact the customs office in Bldg. 343 or call 330-7850.

Q: Can I sell my personally-owned vehicle to a local German national?

A: Yes, but you need to get an AE Form 550-175B from U.S. Customs before you sell your vehicle.

Q: Can I ship a European vehicle back to the United States?

A: Yes, but you have to meet Environmental Protection Agency and Department of Transportation standards. If the vehicle has to be converted, it can only be converted in the States by a list of authorized agencies. The list is available at the customs office.

Q: What if I can't sell or ship my POV?

A: You can destroy it at a junkyard, but you still need to acquire an AE Form 550-175B.

Q: Can I sell personal property to local nationals?

A: Yes, you must have had the property for at least six months in Germany. If not, you need an exception to policy and you must visit the customs office. You must also receive an AE Form 550-175B before completing the transaction.

DoDDS

Q: Will the schools close before all the family members are gone?

A: Halvorsen-Tunner American School is scheduled to close in June 2005. We will provide a full program for our students until that time.

Q: How does compacting occur?

A: Currently the plan is to maintain individual grades with smaller class size.

Q: What about the school hot lunch program?

A: The Hot lunch program will be available until closure, June 2005.

Q: How will the schools drawdown?

A: We will be staffed to support our population of children. We anticipate class sizes will become small during the last few months, but classes will remain as scheduled in September.

Q: How long will buses run?

A: Until the last day of school.

Q: Will there be enough teachers to support the students here?

A: Teachers will not be reassigned until the summer of 2005, so classes will remain intact until closure.

Q: What options are available when the schools close?

A: If students are still assigned to Rhein-Main from August to December 2005, a bus will be provided to transport them to a neighboring school. It is not clear at this point if this school would be Darmstadt or Wiesbaden.

Family Support Center

Q: What items are provided by the loan closet and how long can I keep them?

A: Loan items will be available until we close. We have kitchen kits, ironing boards, stroller, baby equipment, irons, laundry baskets, etc.

Q: What programs will the Family Support Center continue as closure nears?

A: As long as there are families, we will continue to have programs. The staff at FSC may become smaller but all staff members are trained to work in all areas.

Q: How long will the transition classes be offered and how long will we be able to use computer programs for resumes and SF171s?

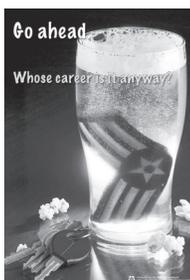
A: Until the facility closes.

Q: When will spouse tuition assistance be stopped?

A: As long as there are spouses wanting to take classes and classes are available, we will offer spouse tuition assistance.

DUI Tracker

Days without DUIs (As of Tuesday)



469th Air Base Group

No DUIs in 2004

726th Air Mobility Squadron

92 days

64th Replacement Company

No DUIs in 2004

Tenant Units

No DUIs in 2004

Others

105 days

The 469th ABG Top IV provides a

fund at the main gate for permanent party personnel who take a taxi back to the base instead of driving while intoxicated.

The money used must be reimbursed the next duty day.

Rhein-Main Fitness Challenge for April



Photos
by Staff Sgt.
Matt Summers



Seven five-member teams (to include at least one female) from around Rhein-Main competed in the April fitness challenge April 23 at the fitness center. (Clockwise from above) The first place 469th Air Base Group Services team included four deployed members and one permanent party member. Thomas Harris, 469th ABG Services Flight, grunts out one of his 43 dips. Runners got off to a flying start in the 1.5-mile run. Eric Lawlor, 469th ABG SV, took top honors in the chin-up competition. Stacey Walters, 726th Air Mobility Squadron, comes up two short of victory with 55 sit-ups. (Center) Markos Drossos, 726th AMS, checks out his own form on one of his 64 push-ups.

Team awards:

- 1st place - 469th ABG Services Flight
- 2nd place - 469th ABG Commander's Support Section
- 3rd place - 469th ABG Civil Engineer Flight Fire Department

Individual honors:

- Dips (1 minute) - Guy Parker, 469th ABG CSS (48)
- Pull-ups - Eric Lawlor, 469th ABG SV (23)
- Sit-ups (1 minute) - 3-way tie for first with 57:
Karie Caywood, 469th ABG CSS; Shay Jackson, 469th ABG Legal/
Public Affairs and Ryan Voisin, 469th ABG SV
- Push-ups (1 minute) - Mike Trace, 469th ABG SV (81)
- Run (1.5 mile)- Matthew Hansen, 469th ABG Clinic (8:14)



Photos by Staff Sgt. Matt Summers

American style

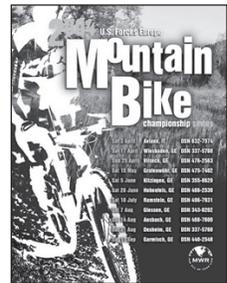
(Above) Neu-Isenburg Jets quarterback Samuel Nelson, 469th Air Base Group Security Forces Flight, receives instructions from head coach T.D. Knox during the Jets' season-opening 20-13 loss to the Frankfurt Pirates April 18 in Neu-Isenburg. (Right) Defensive tackle Randolph Thompson, Det. 1, 2nd Air Postal Squadron, fights his way into the Pirates' backfield. The Jets lost 14-6 to Jena Hanfrieds Sunday in Jena. Three other members of the Rhein-Main community play for the Jets: Raymond McGee, 469th ABG Airfield Management Operations Flight, Jonathan White, 469th ABG Clinic, and Steven Lloyd, American Forces Network-Frankfurt. The Jets next home game is 3 p.m. May 8. Call 330-7805 for details.



Photo by James Desormeaux

Eat my dust

Dave Gallagher, 469th Air Base Group Civil Engineer Flight, tears up the track at the Rheinblick Golf Course near Wiesbaden in the second race of the 2004 U.S. Forces-Europe Mountain Bike Series April 17. Gallagher's time of 45 minutes, 9 seconds was good enough for fourth place in the men's military senior division. On Saturday Gallagher finished first in a time of 61:52 in the third race of the series at Vilseck. He's fourth in the overall series standings in the men's military senior division. The next race in the series is set for May 15 in Grafenwöhr. For more information about the series, call Gallagher.





The May Flight Fitness Challenge will be tied to unit participation in the entire month full of fitness activities. Points will be given for participation and for how competitors place in certain events. Even if you're not on a team, everyone is invited to join in the month's activities. The activity schedule is:

- 3:30 p.m. Monday - Fitness Walk at the fitness center. Deadline to sign up is 3 p.m. Monday. Participation points only.

- 5 p.m. Wednesday - 3-on-3 Basketball Tournament at the fitness center. Sign up deadline is 5 p.m. Tuesday. Participation and 1st, 2nd and 3rd place points.

- 3:30 p.m. May 7 - 5K Fun Run at the fitness center. Sign up deadline is 3 p.m. May 7. Participation and 1st, 2nd and 3rd place points.

- All day May 8 - Indoor Triathlon at the

fitness center. Event includes bike, run and row. Deadline to sign up is 4 p.m. May 8. Participation and 1st, 2nd and 3rd place points.

- 5 p.m. May 12 - 3-on-3 Volleyball Tournament at the fitness center. Sign up deadline is 5 p.m. May 11. Participation and 1st, 2nd and 3rd place points.

- 3:30 p.m. May 21 - 10K Run/Walk at the fitness center. Deadline to sign up is 3 p.m. May 21. Participation and 1st, 2nd and 3rd place points.

- 10 a.m. May 22 - Fitness Fest. No points.

- 3:30 p.m. May 27 - Flight Fitness Challenge at the fitness center. Deadline to sign up is 2:30 p.m. May 27. 1st, 2nd and 3rd place points.

- 10 a.m. May 29 - Racquetball Tournament at the fitness center. No points.

For more details, call 330-7151.

Sports Briefs

Intramural softball

The Rhein-Main Intramural Softball season begins June 2. Games will be played at 6, 7 and 8 p.m. Mondays and Wednesdays on the field by the round-house.

Letters of intent must be turned in to the fitness center staff by May 10.

Contact Staff Sgt. Wade Washom for more details.

Equipment checkout

Heart monitors and reflective belts can be checked out at the fitness center front desk.

Fitness director

Jannell Villanueva is the new fitness director at the base fitness center. Mrs. Villanueva is available to develop program designs for individuals and perform equipment orientations and familiarizations to demonstrate the proper use and operation of machines and equipment.

For more details, call 330-7151.

Yoga class

The fitness center offers a free yoga class from 7-8 p.m. each Wednesday.

Yoga is a balanced total mind/body class. By stretching and lengthening muscles, participants can regulate their internal organs and balance their circulatory and respiratory systems.

Spin class

The fitness center offers free Spin classes from 12:15-1:15 p.m. and 6-6:45 p.m. each Monday and 6-6:45 p.m. Fridays.

This 45-minute class is a super-energetic workout. Participants will burn calories and increase fitness with interval drills, hill sprints and speed training with music specially designed for the cycle.

Kick boxing class

The fitness center offers a free Cardio Kick Boxing class from 6-7 p.m. each Wednesday. Workout includes jabbing, kicking, shadow boxing and more.

The boys and girls of summer

James Grayson, Red Team, puts the ball in play as catcher Joshua Dianala, Blue Team, looks on during the opening day of the Rhein-Main Youth Baseball Season Saturday. More than 100 children take part in the baseball and softball leagues which run through June. The Red Hot Chili Peppers girls bantam softball team tied the Hanau Dodgers 9-9 Saturday at Rhein-Main.



Photo by 2nd Lt. Uriah Orland

Cooking class

A Cinco de Mayo cooking class is set for 6-8 p.m. Wednesday at Our House, Bldg. 627 B-2.

Participants will learn to cook an authentic Mexican or Ecuadorian dish.

For more details, call 330-7992.

National prayer

The base chapel sponsors a National Day of Prayer observance from noon to 12:20 p.m. Thursday at the chapel.

A free lunch will be provided following the prayer.

Free bowling

Dorm residents, unaccompanied personnel and deployed military members can bowl for free from 4-10 p.m. every Thursday.

Participants must show their dorm or hotel key.

Celebration of mothers

A "Celebration of Mothers," is set for 4-6 p.m. May 8 at the youth center.

Children will perform poetry, music and dance.

For more information, call the center at 330-7125.

Chapel Worship

The following worship opportunities are offered by the Rhein-Main Chapel:

■ Catholic worship:

Sunday Mass takes place at 9 a.m. every Sunday. CCD classes are offered every Sunday at 10:30 a.m.

Daily Masses are offered Mondays, Tuesdays, Thursdays and Fridays at 11:30 a.m.

Penance – 8-8:30 a.m. Sunday or by appointment

■ Protestant worship:

Sunday School is offered every Sunday at 9 a.m.

Worship and Kids Own Church take place every Sunday at 10:30 a.m.

For more information please call the chapel at 330-7501.

Medieval fair

Join the family support center as they venture to the Königstein Medieval Fair May 8.

Vans leave the shoppette parking lot at 11:30 a.m. Participants will see knights compete in jousting, archery and sword fighting.

Entry fee is 8 Euros for adults, 4 Euros for children under 16. A special family-of-four rate is 20 Euros.

Call 330-7992 to sign up.

Mother's Day brunch

Brunch will be served at 10:30 a.m. and 12:30 p.m. May 9 at the Zeppelinhaus.

Cost is \$11.95 for adults, \$5.95 for children under 12 and children under 4 eat free.

Call 330-7120 to make a reservation.

TAP seminar

The family support center sponsors a quarterly Transition Assistance Program Seminar from 8:30 a.m. to 4:30 p.m. May 11-14 in the FSC classroom, Bldg. 347 Rm. 24.

This course, taught by the Department of Labor, is designed for anyone planning to separate or retire from the military within the next one to two years or who is unsure of future career plans.

The seminar is open to all branches of the military and civilian employees. Spouses are encouraged to attend.

For more details or to sign up, call 330-7992.

Story hour

Story hour at the base library is set for 3 p.m. May 14.

Pirates are the theme for this program designed for ages 3-6. Call 330-6494 to pre-register.

Operation Real World

The family support center sponsors "Operation Real World" from 6-8:30 p.m. May 19 at Our House to celebrate high school juniors and seniors as they face graduation and transition from home to school, work or the military.

Call 330-7992 for more details.

Movies at Rhein-Main

Tonight - "Miracle," (PG), 7 p.m.

Saturday - "Catch That Kid," (PG), 5 p.m., and "Scooby-Doo 2: Monsters Unleashed," (PG), 7:30 p.m.

Sunday - "Against the Ropes," (PG-13), 7 p.m.

Wednesday - "Walking Tall," (PG-13), 7 p.m.

May 7 - "Welcome to Mooseport," (PG-13), 7 p.m.

May 8 - "Home on the Range," (PG), 5 p.m., and "50 First Dates," (PG-13), 7:30 p.m.

May 9 - "Broken Lizard's Club Dread," (R), 7 p.m.

May 2 - "Man on Fire," (R), 7 p.m.

Movies and times are subject to change.

Movie schedules for local communities can be found at

www.aafes.com/ems/default.asp

For sale

2 med. dog kennels/cages-Airline appr.-good condition-\$25; 2 German cell phones-use Euro cards-\$50 per phone; 3 German floor fans-\$20 per fan; power strip/surge protector and misc. 220v adapters-\$7; girls 24-inch bike-very good cond.-\$25; German radio/alarm clock-\$10; children's adjustable roller blades-\$10; adult roller blades-\$10; children's bike helmet-\$7; 4-piece kitchen canister set (country apple dec.)-\$10; German in 10 minutes a day-\$5; Learning Company-The Clue Finders 4th Grade Adventures CD-ROM-\$10; Womens small winter jacket w/ matching ski vest-\$15; Tae Kwon Do uniform w/ white belt (Kids sm/med)-\$10. Call 069-9563-8799 or 0175-254-5251.

Wanted

Swim coach wanted: Looking for a person to give private lessons 1 or 2 times per week to 2 teenagers preparing for competitive swimming this summer. At a pool of coach's convenience.

Yard Sale

Multi-family yard sale from 8 a.m. to 3 p.m. Saturday at Bldg. 602-B in Gateway Gardens. Toys, houseware, boombox, desk, clothes, books, Beanie Babies, Barbies, etc.